

Me Learning	1) How I get motivated and plan my learning	2) How I build and organise my ideas	3) How I learn with and from others	4) How I manage my learning environment	5) Talking about my learning	6)How I monitor and evaluate my learning.
Embodies	I orchestrate the vision and motivation to reach my learning goals	I orchestrate the thinking that's needed to realise my learning goals	I learn purposefully with and from others to achieve learning goals	I can regulate all aspects of my learning environment to ensure I learn at my best	I talk fluently and knowledgeable about how I understand myself as a learner	I use the knowledge I have gained about myself as a learner to deliberately control and monitor what I do to achieve the desired results
Organises	My motivation comes from being engaged in the process of learning. I have strategies to help me through inevitable times of struggle	I distill and refine my ideas, or ways of doing things, so that they make sense to me and others	I use the knowledge of expert others to shape and refine my learning	I determine when to take breaks and use relaxation time positively	What have I learned from the way I chose to answer the questions	I evaluate the emerging outcomes against my expectations, and take action to ensure I'm achieving my goals
Values	I'm spurred on by seeing my knowledge grow and getting useful feedback from others	My knowledge grows from my experience. I draft my new ideas and techniques in words or models.	I share and discuss my developing knowledge with others	I remove distractions and select the best times for my learning	By doing things like linking new ideas, using some imaginative techniques, looking for the right reasoning tool I'm becoming a better learner	I keep an eye on how things are going and adjust my actions to make it go better
Responds	I visualise the direction I need to go and set a goal I want to achieve. I make an outline plan of action	I link new information to what I already know and develop new ways of thinking about it.	I purposefully call on others with experience to help select where to direct my attention or specific things to consider.	I select the sort of surroundings that I find best for my learning	What do I need to know? How am I going to come to know it?	I check that my goal and plan are realistic and play to my learning strengths.
Receives	I know that I learn best when something interests me and I want to know more about it	I gather information about the task, be it long multiplication or baking a cake.	I seek information from other people.	I know that I learn better in some places rather than others	Is this something that interests me? How am I going to engage with this task?'	Have done/learned something like this previously? What did I do then?
Lacks	Has little sense of goals or purposeful activity	Doesn't think about thinking nor how learning develops.	Works with other people but with little idea of how to engage them as co-learners	May have a vague idea that some places are better to learn in than others	I don't have a language to talk about learning	Unaware of thinking about how they are learning