RESILIENCE:

The emotional aspects of learning; 'feeling'
The capacities that make up this disposition are:

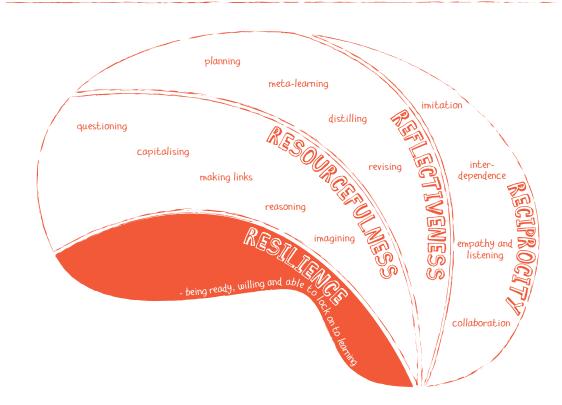
Absorption Managing Distractions Noticing Perseverance

Noticing
Perceiving subtle nuances, patterns
and details in experience.









A Stretching Activity SPOT THE SILLIEST CLOWN

Organisation

Groups of 5/6 children.

Resources

Photocopy and laminate the clown pictures to make a set of cards. (see resources)

Activity

- Deal the set of cards, placing one in the middle.
- The object of the game is to either match the clown to the one in the centre or find the odd one out.
- Each child should look carefully at the clown in the centre and at their own clown card and then either place their own clown next to the one in the centre if it is the same, or underneath, if it is different.
- Ask the children how they are spotting the differences and matching the clowns.
- Try not to underestimate the children's own ability to understand the process of noticing and to talk about it.
- To help the children reflect on the process and reinforce their understanding of noticing, ask questions like...
 - How did you know that?
 - What helped you match that clown?
 - How did you know it was different?
 - How would you explain this to your friend?
- Later use the outline clown resource and encourage the children to make their own odd one out clown set.



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