

Connecting**Stretching****Transferring**Topic: **2c Managing Distractions**Activity: **Distraction Scales****What you are trying to achieve ...**

Awareness of their own distractability.
 Extended vocabulary about distraction.
 Ideas on how to reduce distractability.

Distraction Scales

Time to think
 Small group discussions on what distracts them when learning and how they could deal with distractions.

A way with words
 Words that might describe different levels of distraction.

Me-nows
 Relating distractability to different subjects and activities.
 Noting what distracts most and how they could deal with this.

Learning Log ...

Noticing what distracts them in a variety of situations.
 Offer examples of your own to help explain the task.

Coaching Notes

Distraction Scales

Learning Log